

FOLLOW-UP PROGRAM first year after kidney transplantation

Frequency/Procedure	SAMPLING	Monitoring & Clinical control
Weekly sampling	Hb, LPK, Differential & PLTs,	BP, Body weight
	CRP, ASAT ALAT biochemistry,	
	Creatinine, Acid/Base	
	Balance, Tacrolimus	
	concentration,	
	U-x, U-Sediment, U-Culture	
Intermediate sampling	Hb, LPK, Differential & PLTs,	BP, Body weigh
	CRP, Creatinine, Tacrolimus	
Major transplant status	Hb, LPK, Differential & PLTs,	BP, Body weight &
	CRP, Liver biochemistry,	Height
	Creatinine, Urea, Acid/Base	
	Balance, Albumin, Ca, P,	
	Magnesium, Tacrolimus	
	concentration,	
	U-x, U-Sediment, U-Culture	
Week 2-3	Weekly sampling and clinical	
	control x 1.	
	Intermediate sampling x 1.	





Week 4	Major transplant status and	Bladder scan, BP, Body
	clinical control	weight & Height
	Intermediate sampling x 1	
Week 5 -7	Weekly sampling and clinical	
	control x 1. Intermediate	
	sampling if needed	
Week 8	Major transplant status and	BP, Body weight
	clinical control	
	Intermediate sampling x 1 if	
	needed	
Week 9-11	Weekly control & sampling	BP, Body weight
Week 12	Major transplant status control &	Urinary Tract Ultrasound
	sampling incl. PTH, p-Glucose, TG,	Scan
	Cholesterol	Infants < age2: head
	Iohexol Clearance	circumference, BP, Body
	Viral serology CMV, EBV	weight & Height
	MMF-AUC	
3-6 months	Weekly control & sampling each	BP, Body weight
	2 nd week	





6 months	Major transplant status control &	Infants < age2: head
	sampling incl. p-Glucose, TG,	circumference
	Cholesterol, Viral serology CMV,	BP, Body weight &
	EBV.	Height
	P-PCR load for BKV, CMV and EBV	Once a month during 1-6
	(virus DNA detection)	months
6-12 months	Weekly alternating Intermediate	Clinical control once a
	sampling each 2 nd week	month
		BP, Body weight
9 months	As above including p-PCR load for	BP, Body weight
	BKV, CMV and EBV (virus DNA	
	detection)	
1 year	Annual check-up, see Procedure for	Separate PM
	Kidney transplant children	

